



Wound care instructions post liquid nitrogen procedure:

Please keep the sprayed area clean and dry. You may bathe/shower normally after this procedure. Please apply a small amount of antibiotic ointment (Bacitracin) or Vaseline 1-2x daily for 2-3 days (starting tonight or tomorrow). Avoid using triple antibiotic ointment (Neosporin) as it may cause an allergic reaction. Blister (even blood blister) may occur post procedure (this is expected). If the blister is bothersome/painful, it may be drained with the sterile needle (without removing the top of the blister). Pain medications are usually not necessary after this procedure, but if needed, ibuprofen or acetaminophen may be taken (please follow box instructions). Please avoid sun exposure after this procedure until area have completely healed. Please call the office if you have any questions or concerns.